



Group Exercise Instructor- Position Description

The Campus Recreation Group Exercise Instructor positions are responsible for the planning and development of fun and effective group fitness classes. *G-Fit participation is preferred. Applicants must audition in one of the following formats: step, kickboxing, floor aerobics. Please visit the Campus Recreation website for more details or contact Steve Kudika, Assistant Direct of Fitness and Wellness at steve.kudika@utsa.edu. **Responsibilities**

- Plan, develop and provide safe, fun & effective group fitness classes based on recognized guidelines;
- Be on-site and prepared to meet participants at minimum 15 minutes prior to class start time;
- Ensure the safety, maintenance, and security of the facility and equipment;
- Find substitutes for classes in a timely fashion;
- Observe participants for proper technique, body posture and movements for safety;
- Provide exercise modifications to allow for a variety of fitness levels and abilities;
- Provide appropriate advice or proper resources on routine fitness & wellness questions;
- Work with others to execute risk reduction measures and provide care in emergency situations;
- Clearly articulate, enforce and educate patrons on all rules, policies and procedures;
- Provide customer service and respectfully manage disagreements;
- Check and respond to correspondence from Program Coordinator or GX/PT staff promptly;
- Actively participate in collaborative work and development;
- Perform other duties as assigned.

Staff Standards

- Consistently model positive and professional behavior, including on-line communities;
- Attend all staff meetings and educational trainings;
- Maintain regular and frequent communication with the Coordinator and Assistant Director.

Personal/Paraprofessional Development & Departmental Responsibilities

- Attend all meetings and trainings on time, including semester all staff trainings.
- Balance time commitments, recognize limitations and work to improve;
- Be receptive to paraprofessional and personal development;
- Challenge yourself to achieve higher levels of awareness of people's perceptions, maintaining appropriate sensitivity and awareness of cultural norms, diversity, and diversity education.

Minimum Qualifications

- Must be currently enrolled at UTSA with a minimum overall GPA of 2.0;
- Obtain ACE or AFAA Primary Group Exercise certification within one year of hire;
- Certifications as approved by Fitness Coordinator OR completion of the UTSA G-FIT Course;
- Must pass State of Texas criminal background check;
- First Aid, Adult CPR and AED certifications obtained within expected time-frame;
- UTSA employee compliance trainings and any additional program area certification/training completed within expected time-frame.

Working Conditions

- Maximum of 19 hours worked per week;
- Teach at least 2 classes per week; Trained in at least 2 different formats
- Work will take place at the Main campus;
- Work shifts include morning, afternoon, evening and weekend hours and/or break hours

Compensation

- Starting pay: \$10.00/hour (non-certified), \$11.00/hour (AFAA or ACE certified)